

HOLY FAMILY RETREAT HOUSE

"You Are Standing On Holy Ground."

GRIEF RECOVERY RETREAT APRIL 23 — 25, 2010

**Obtain a better understanding of loss and grief
in the effort of recovering the gift of inner peace.**

This weekend will provide practical information about the fundamentals of loss, grief and bereavement and how they impact each individual. We will look at adult, children and teens grief, as well as explore how grief may affect a person's performance and behavior. You will learn and examine ways of intervention and "hands-on" tools to respond to loss as you work through a healing process.

When: Friday, April 23, 2010 at 7:30 p.m.
To Sunday, April 25, 2010 at 1:00 p.m.
Where: Holy Family Retreat House
Cost: \$140.00 per person
(Accommodation, 5 meals and retreat materials)
Register: Call Mary at 519-738-6136



Separation & Divorce

Unemployed

Self Esteem



Loss of a Loved One



Childhood Trauma

Our Presenter

Connie-Jean Latam is a seasoned educator and counselor of forty years. She holds certificates in Bereavement Education and Greif Therapy, Play/Art Therapy and is a certified Addictions Counselor.

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